

Protocol

A very good morning to you all

Let me thank MGI for inviting me to to-day's workshop on Science of Vaastu and giving me the opportunity to make an address.

Let me congratulate the MGI for organizing such an interesting workshop on a theme which I have not doubt will arouse the curiosity of many.

Let me also congratulate all the participants to this workshop and I am sure you will all come out more enlightened about the science of Vaastu.

I am also pleased to note the very high caliber of the resource persons who will be contributing to this workshop. Let me extend a warm and cordial welcome to all of them and hope that you will enjoy your stay in our midst.

## **Theme**

The theme of this workshop is indeed very fascinating. I must confess that I have heard of this theme but I am not very knowledgeable about it.

When the Chairman Mr Ravin Dwarka mentioned this workshop to me and invited me, I accepted the invitation on two counts. First in my capacity as Minister responsible for Science and Research. Vaastu is science and therefore we need to know how this science can be of help to society.

Second as a person, I would be curious to know how vaastu can contribute towards our well-being.

I believe there is a strong link between architectural planning ,design and the construction of buildings and the well-being of people who occupy these buildings - their peace of mind, their health, happiness and prosperity.

I also know that there are five elements, namely, Air Water, Fire, Earth and Space and that there need to be in harmony between these elements and the home, workplace or the land where people are .

It is also argued that there are some nine planets and that they exert an influence on everything on earth.

When the positive forces override the negative forces, there is a beneficial release of bio-energy which contributes to peace, health, happiness and prosperity.

Vaastu Shastra, being an ancient building science, it covers the philosophy and theory of Architectural Works to construct any building with a bearing on the living style of people.

Vaastu Shastra is based on various natural energies, which are available free of cost in the atmosphere like: specially in a context where progress is being accomplished by innumerable problems. Quite a paradoxical situation for humanity, answers to the problems affecting humanity.

The word Vaastu itself comes from the word Vastu, which means object, substance, material, etc. In its extended meaning, the word Vaastu related to construction, furnitures and interior decoration. Since the purposes differ, the materials and techniques of construction also differ from building to building.

Given that mankind spends his entire life in buildings of all types, be it at home, at school, at the place of work or at the place of worship, it is but natural that his health and state of mind should be affected by the environment obtaining inside and outside all such buildings. By observations, experience and experimentations, the Indian sages came to the conclusion that not only the materials used in construction, but also the site, the soil, the directions, the flow of air and the source of light etc inside the building – all have a direct impact over the residents, so much so that even a slight detail may be the cause of great disturbance – both mentally and physically. Many norms and rules were therefore set up with a view to optimizing happiness and minimizing disturbances related to construction. It is therefore imperative that such norms and rules be known to the whole society so that peace and happiness may prevail.

## **Links**

I believe there is strong link between architectural planning, design and the construction of buildings and the well-being of people who occupy these buildings - their peace of mind, their health, happiness and prosperity.

I also know that there are five elements, namely, air, water, fire earth and space and there need to be in harmony between these elements and the home, workplace or the land where people are.

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When the positive forces override the negative forces, there is a beneficial release of bio-energy which contributes to peace, health, happiness and prosperity.

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Vastushastra being an ancient building science therefore covers the philosophy and theory of architectural works to construct any building with a bearing on the living style of people. Vastushastra is based on various natural energies, which are available free of cost in the atmosphere, like:

- Solar Energy from the Sun. Lunar Energy from the Moon
- Earth Energy
- Sky Energy
- Electric Energy
- Magnetic Energy
- Thermal Energy
- Wind Energy
- Light Energy
- Cosmic Energy, etc

Utilisation of such energies gives us pleasure, peace, prosperity and money etc in our life. Nowadays we are having National Building code, which gives us certain regulations to construct building, whereas in the past, our ancestors were having Vastu Shastra as a religious and rigorous code. I am told Vaastu is

rational, as it is scientific, it is permanent as it is based on directions, and directions are unchangeable. It is beneficial as it is a bridge between man, material and nature, and above all it is practical, as it is very simple to follow.

If we building our house according to the guidelines provided by vaastu and lead a healthy and happy life.

Vaastu can be used for every room, every house, every house, every temple, every shop industry, town planning etc.

Every creature on earth starts its life with sunrise. Hence, there is much importance of the sun in every body's life. It gives ultra violet rays in the morning and infra red rays in the evening.

The sun indicates light (illumination), will power, generosity, solar system, luck or fate, mobility etc. It rules over the bones, the eyes, the heart, the spinal cord, blood circulation and the soul etc. Hence, the east direction is auspicious. North is considered auspicious since magnetic lines of force move from North to South.

There are three forces in action to create harmony. Wind, water and fire or vaay, jal and Agni. If these forces are kept in their appropriate places, then there will be no disturbance. But if water is put in place of fire and wind in place of water or in any other combination, the forces will start acting adversely and create disharmony.

Vaastu is an empirical science. Over the years, based on the knowledge of the Vedas, repeated studies on a number of buildings, offices, temples, houses and apartments have shown a positive correlation between the application of vaastu principles and success. It can be extensively applied to various edifices, natural and man made land masses, temples, factories, homes, office buildings and corporate headquarters.

The origin of vaastushastra may have taken place well over thousands of years ago. The principles of science laid down during those days were based purely on the effect of sunrays during different times of the day. The observations and corrections made were noted and concluded only after in-depth screening of the situation.

Vaastu therefore aims at making our surroundings a better place to live in.

It is precisely with this in view that this workshop has been put up with the collaboration of eminent scholars. It is a matter of great privilege to have among us here today Prof Puri of the Media Trust, India, Dr Arya, Chairman, Media trust, Mrs S. Saini, Head, Mystic World Foundation and Prof G.K. Dash of Utkal University in Orissa, who is presently on assignment in the School of Indological studies at the MGI.

I am sure that the papers to be presented at this workshop and the deliberations that will follow will enlighten us all on this Vedic art of construction and habitation so that we may lead a happier and more peaceful life thereafter.

