

SUMMARY ON SECONDARY SCHOOL HEALTH PROGRAMME - 2008 *

DETAIL	PRE-VOCATIONAL**			NORMAL***			
	BOY	GIRL	TOTAL	CLASS	BOY	GIRL	TOTAL
No of pupils surveyed/screened	1,384	476	1860 [#]	<i>Form III</i>	7940	9031	16,971 ^{##}
				<i>Lower VI</i>	2,843	4,212	7,055 ^{###}
% found with :							
- above normal blood pressure ^{@@}	4.7	6.3	5.1	<i>Form III</i>	15.0	15.8	15.4
				<i>Lower VI</i>	9.0	5.4	6.9
- overweight or obese ^{@@@}	10.8	14.9	11.8	<i>Form III</i>	15.1	14.0	14.5
				<i>Lower VI</i>	11.3	9.6	10.3
- abnormal vision or wearing glasses	19.6	22.4	21.0	<i>Form III</i>	21.9	29.5	25.9
				<i>Lower VI</i>	32.4	42.7	38.5
% daily cigarette smoker	21.5	1.3	16.3	<i>Form III</i>	2.8	0.3	1.5
				<i>Lower VI</i>	14.0	1.4	6.5
% weekly alcoholic drinker (incl occasional)	18.4	4.2	14.7	<i>Form III</i>	7.4	2.7	5.0
				<i>Lower VI</i>	22.6	5.9	12.6
% not doing physical exercises	11.5	36.6	17.9	<i>Form III</i>	4.2	9.8	7.2
				<i>Lower VI</i>	8.8	22.4	16.9
% reported with Asthma	3.6	4.2	3.8		5.4	3.8	4.5
% with Diabetes as family history			26.1	<i>Form III</i>			35.2
% with Hypertension as family history			20.4	&			24.4
No of pupils exposed to health education [@]	1,113	357	1,470	<i>Lower VI</i>	8,952	10,757	19,709
No of pupils referred for treatment	256	112	368		1,636	2,198	3,834

* launched in February 2007

mostly aged 15-16 years

@@ systolic and diastolic cut off values vary with sex, age and height

@@@ Body Mass Index cut off values vary with sex and age

@ on at least one of the following: alcohol, exercise, nutrition, obesity and/or smoking

Source: Health Records Division

** with 33 sessions in 17 schools

mostly aged 13-14 years

*** with 579 sessions in 171 schools

mostly aged 16-17 years