

GRAND PORT/ SAVANNE REGIONAL UNIT
ACTIVITIES AT SOCIAL WELFARE CENTRES

AUGUST 2009

| DATE | CENTRE | TIME | ACTIVITY | TARGET GROUP | RESOURCE PERSON/ORGANISER |
|-------------|----------------|-------------|-------------------------------------|--|---|
| 01.08.09 | Petit Bel Air | 09.00 | Social Visit | Senior Citizens | Staff at Centre |
| 02.08.09 | Mahebourg | 07.00 | Blood Donation | Community | Officers from St John – Mahebourg Division |
| 03.08.09 | Old Grand Port | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 03.08.09 | Grand Sable | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 03.08.09 | Le Jardin | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 03.08.09 | Mahebourg | 12.00 | Oral Driving Course | Women | Officers From National Women Council |
| 03.08.09 | L'Escalier | 10.00 | Creativity Activities | Children | Staff at Centre |
| 03.08.09 | Petit Bel Air | 09.00 | Walk for Health & Light Exercises | Senior Citizens | Staff at Centre |
| 03.08.09 | Camp Carol | 13.30 | Talk on Personal Hygiene | Nursing Mothers | Nursing Officers From Ministry of Health |
| 04.08.09 | Chemin Grenier | 10.00 | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 04.08.09 | Plaine Magnien | 10.00 | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 04.08.09 | Old Grand Port | 13.00 | Talk on Domestic Violence | Women Association & Community | Officers from Ministry of Women's Right |

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| 04.08.09 | Surinam | 10.00 | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 05.08.09 | Old Grand Port | 13.00 | Quiz & Painting Competition | Students & Youths | Officers at Centre |
| 05.08.09 | La Rosa | 13.00 | Talk on Infant Feeding | Women | Officers from MOHQL-mrs Charitar |
| 05.08.09 | Plaine Magnien | 13.00 | Talk on NCD | Community | Officers From MOHQL |
| 05.08.09 | Mahebourg | 09.00 | Walk for Health & Light Exercises | Senior Citizens | Staff at Centre |
| 05.08.09 | Mare D'Albert | 09.00 | Walk for Health & Light Exercises | Senior Citizens | Staff at Centre |
| 05.08.09 | La Chaux | 13.00 | Talk on Healthy Eating | Senior Citizens | Officers from Ministry of Health |
| 05.08.09 | Grand Bois | 09.00 | Walk for Health & Light Exercises | Senior Citizens | Staff at Centre |
| 06.08.09 | Rose Belle | 10.00 | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 06.08.09 | Le Jardin | 10.00 | Talk on Eradication of Mosquitoes | Senior Citizens & Community | Officers at Centre |
| 06.08.09 | Petit Bel Air | 13.00 | Talk on Foot Care | Senior Citizens | Officers from Ministry of Health |
| 06.08.09 | La Chaux | 10.00 | Social Visit | Senior Citizens | Staff at Centre |
| 07.08.09 | Chemin Grenier | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 07.08.09 | Grand Sable | 13.00 | Creativity | Students & Youths | Officers at Centre |
| 07.08.09 | Plaine Magnien | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 07.08.09 | Plaine Magnien | 11.00 | Talk on Eradication of Mosquitoes | Community | Officers at Centre |
| 07.08.09 | Grand Sable | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 07.08.09 | Camp Carol | 10.00 | Social Visit | Senior Citizens | Staff at Centre |
| 07.08.09 | Surinam | 16.30 | Tahiti Demonstration | Youth | Mr J.Edibrasse-Volunteer |
| 07.08.09 | Mare Tabac- | 13.00 | Talk on use of | Women | Officers from Family |

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| | SILWF | | Contraception | | Planning |
| 10.08.09 | Chemin Grenier | 13.00 | Talk on Consumer Protection | Senior Citizens & Community | Officers from Consumer Protection Unit |
| 10.08.09 | Grand Sable | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 10.08.09 | Le Jardin | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 10.08.09 | Old Grand Port | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 10.08.09 | Rose Belle | 13.00 | Talk on Eradication of Poverty | Senior Citizens & Community | Representatives from EAP |
| 10.08.09 | Surinam | 13.00 | Talk on Consumer Protection | Community | Officers from Consumer Protection |
| 11.08.09 | La Rosa | 13.00 | Talk on Elderly Protection | Community | Officers from Elderly Protection Unit-Mrs Gajadhur |
| 11.08.09 | Mare Tabac-Govt | 10.00 | Social Visit | Senior Citizens | Staff at Centre |
| 11.08.09 | Grand Bois | 13.00 | Talk on Importance of Aloe Vera | Women | Mrs Sonabee-Volunteer |
| 11.08.09 | Mare Tabac-Silwf | 10.00 | Social Visit | Bedridden | Community Support Group |
| 11.08.09 | Mahebourg | 10.00 | Social Visit | Senior Citizens | Staff at Centre |
| 11.08.09 | L'Escalier | 13.30 | Film Projection | Women | Officers from Ministry of Women Rights |
| 12.08.09 | La Rosa | 13.00 | Talk on Healthy Lifestyle | Community | Officers from MOHQL-Mrs Ahtong |
| 12.08.09 | Grand Bois | 10.00 | Social Visit | Senior Citizens | Staff at Centre |
| 12.08.09 | Mare D'Albert | 13.00 | Talk on Abortion | Women | Mrs F.Rymankhan from Action Familiale |
| 12.08.09 | Surinam | 13.00 | Talk on Eradication of Mosquitoes | Community | Officers from Ministry of Health |
| 12.08.09 | Mahebourg | 09.30 | Walk for Health & Light Exercises | Senior Citizens | Staff at Centre |
| 13.08.09 | La Rosa | 10.00 | Creativity | Students & Youths | Officers at Centre |
| 13.08.09 | Le Jardin | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 13.08.09 | Petit Bel Air | 13.00 | Talk on Healthy Eating | Community | Officers from Ministry of Health |
| 14.08.09 | Chemin Grenier | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |

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| 14.08.09 | Plaine Magnien | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 14.08.09 | Plaine Magnien | 11.00 | Talk on Eradication of Mosquitoes | Community | Officers at Centre |
| 15.08.09 | Mare Tabac- Silwf | 09.30 | Film Show on History of Mauritius | Children | Staff at Centre |
| 17.08.09 | Le Jardin | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 17.08.09 | Plaine Magnien | 13.00 | Talk on Agriculture | Community | Officers from Agricultural Research And Extension Unit (AREU) |
| 17.08.09 | Old Grand Port | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 17.08.09 | Grand Bois | 13.00 | Talk on Hypertension | Community | Mrs Charitar from Ministry of Health |
| 18.08.09 | Old Grand Port | 11.00 | Visit to Bed Ridden | Disabled | GPAG/HNC/SCA |
| 18.08.09 | La Chaux | 09.30 | Walk for Health & Light Exercises | Senior Citizens | Staff at Centre |
| 19.08.09 | Rose Belle | 10.00 | Screening Exercise icw Foires Des Ainees | Senior Citizens | Officers at Centre |
| 19.08.09 | Old Grand Port | 13.00 | Talk on Domestic Violence | Youths | Officers from Ministry of Women's Right |
| 19.08.09 | Plaine Magnien | 13.00 | Talk on Foot Care | Senior Citizens | Officers From MOHQL |
| 19.08.09 | Petit Bel Air | 11.00 | Culinary Demonstration | Women/Senior Citizens | Mrs A.Koewlessur-Chairperson Women Association |
| 19.08.09 | La Chaux | 13.00 | Talk on Eradication of Mosquitoes | Community | Staff at Centre |
| 19.08.09 | Mare D'Albert | 10.00 | Creativity Activities | Children | Staff at Centre |
| 20.08.09 | Le Jardin | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 20.08.09 | Le Jardin | 13.00 | Talk on Obesity | Senior Citizens & Community | Mrs P.Conhye-HIEC Officer |
| 21.08.09 | Chemin Grenier | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 21.08.09 | Grand Sable | 10.00 | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee |

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| | | | | | Members |
| 21.08.09 | La Rosa | 10.00 | Visit to Bed Ridden | Disabled | GPAG/HNC/SCA |
| 21.08.09 | Rose Belle | 10.00 | Visit to Bed Ridden | Disabled | GPAG/HNC/SCA |
| 21.08.09 | Plaine Magnien | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 21.08.09 | Plaine Magnien | 11.00 | Talk on Eradication of Mosquitoes | Community | Officers at Centre |
| 21.08.09 | Mare Tabac-Govt | 10.00 | Walk for Health & Light Exercises | Senior Citizens | Staff at Centre |
| 22.08.09 | Plaine Magnien | 11.00 | Visit to Bed Ridden | Persons With Disabilities | GPAG/HNC/SCA |
| 24.08.09 | Chemin Grenier | 13.00 | Safety Campaign on Use of Cooking Gas | Community | Consumer Protection Unit & Shell Co Limited |
| 25.08.09 | Mahebourg | 09.00 | Eye Check Up | Community | Officers from National Women Council |
| 25.08.09 | Grand Bois | 10.00 | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 26.08.09 | Grand Sable | 10.00 | Visit to Bed Ridden | Persons With Disabilities | GPAG/HNC/SCA |
| 26.08.09 | Old Grand Port | 10.00 | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 26.08.09 | Mahebourg | 10.00 | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 26.08.09 | Mare D'Albert | 10.00 | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 26.08.09 | L'Escalier | 09.00 | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee |

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| | | | | | Members |
| 26.08.09 | L'Escalier | 13.00 | Talk on Diabetes | Senior Citizens | Officers from Ministry of Health |
| 26.08.09 | Mare Tabac-Silwf | 09.00 | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 27.08.09 | Le Jardin | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 27.08.09 | Le Jardin | 10.00 | Cookery Demonstration | Women | Mrs K.Mandhub-Representative of Le Jardin Women's Association |
| 27.08.09 | Grand Sable | 13.00 | Talk on Asthma | Senior Citizens & Community | Officers from MOHQL-Mrs Conhye |
| 27.08.09 | Grand Sable | 10.00 | Ramayana Chanting | Women Association & Community | Grand Sable Ramayana Chanting Group |
| 28.08.09 | Le Jardin | 10.00 | Visit to Bed Ridden | Persons With Disabilities | GPAG/HNC/SCA |
| 28.08.09 | Rose Belle | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 28.08.09 | Plaine Magnien | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 28.08.09 | Plaine Magnien | 11.00 | Talk on Eradication of Mosquitoes | Community | Officers at Centre |
| 28.08.09 | Rose Belle | 10.00 | Exams for Painting and Crochet | Women | Dress Making Teachers |
| 28.08.09 | Chemin Grenier | 10.00 | Walk For Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 28.08.09 | Petit Bel Air | 09.00 | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 28.08.09 | Mare Tabac- Govt | 16.00 | Petanque Demonstration | Youth | Staff at Centre |
| 28.08.09 | Mare Tabac-Silwf | 09.00 | Walk for Health & Physical Exercises | Senior Citizens | Staff at Centre |
| 29.08.09 | Plaine Magnien | 11.00 | Visit to Bed Ridden | Disabled | GPAG/HNC/SCA |

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MOKA/FLACQ REGIONAL UNIT
ACTIVITIES AT SOCIAL WELFARE CENTRES
AUGUST 2009

| DATE | CENTRE | TIME | ACTIVITY | TARGET GROUP | RESOURCE PERSON/ORGANISER |
|--|---------------------|---------|---|-------------------------------------|---|
| 01.08.09 08.08.09 15.08.09 22.08.09 29.08.09 | Lallmatie | 09hrs | Children Club | Children | Mr Bhootnah |
| 01.08.09 | Brisée Verdiere | 9.30hrs | Demonstration on making paper flowers | Children | Mrs Ramjuttun- Kite's Club |
| 02.08.09 | Bel Air | 10hrs | Talk on Stress Management | Women | Mrs Bissoondoyal M.O.H |
| 03.08.09 | Caroline | 09hrs | Talk on Keep Fit - Techniques | Community | Mrs Veerasamy Yoga Instructor M.O.H |
| 03.08.09 | Mare La Chau | 10hrs | First Aid Examination | Youth | Mr Nawshad St John Staff |
| 03.08.09 | Lallmatie | 9hrs | Nice Workshop | Trainees, Women | Mr Seechum |
| 03.08.09 04.08.09 05.08.09 | Bel Air | 5.30hrs | NCD Survey | Community | MOH |
| 03.08.09 | Camp de Masque Pavé | 13.00 | Meditation and Talk on Positive Thinking | Senior Citizens & Women Association | Sister Anjalee-Brahma Kumari |
| 03.08.09 | Mount Ory | 09.30 | Walk for Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 03.08.09 | Mount Ory | 10.30 | Pastry Courses | Women | Mrs Teelonah-CSO |
| 03.08.09 | Camp de Masque Pavé | 16.00 | Empowerment Programme-CODEPA | Community | Mr Dooba-Officer in Charge-CODEPA |
| 04.08.09 | Mount Ory | 10.30 | Ramayana Chanting | Senior Citizens, Women & Youths | Mrs Boudena-Ramayana Chanting Group |
| 04.08.09 | Mount Ory | 10.00 | Swimming Courses | Women | Mrs Ramdin-Volunteer |
| 04.08.09 | Mount Ory | 17.00 | First Aid Course | Youths | Mrs Seesaran-Instructor |
| 04.08.09 | Montagne Blanche | 13.00 | Talk on Elderly Protection | Senior Citizens | Officers from Elderly Protection Unit |
| 04.08.09 | Lallmatie | 10.45 | Talk on Juvenile Delinquency/Suicide Prevention | Community | Officer from Probation & Aftercare Services |
| 05.08.09 | Deep River | 13hrs | Talk on Elderly Protection Act | Senior Citizens | Staff from MSS |
| 05.08.09 | Montagne Blanche | 10.00 | Prize Giving Ceremony icw Activities held at centre for Senior Citizens | Senior Citizens | Mrs Gunoo-Secretary of SCA |

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| 05.08.09 | Mount Ory | 09.30 | Walk for Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 05.08.09 | Mount Ory | 17.30 | Aerobic Course | Senior Citizens & Women | Mrs Gopaul- Aerobic Instructor |
| 05.08.09 | Mount Ory | 13.00 | Yoga Course | Senior Citizens & Women | Mrs Busgeet-Motivator |
| 05.08.09 | Camp de Masque Pavé | 10.00 | Walk for Health/Physical Exercises | Senior Citizens | GPAG/HNC/SCA |
| 06.08.09 | Caroline | 10hrs | Talk on Personal Hygeine | Mothers | Mrs Davindar N. Officer |
| 06.08.09 | Laventure | 10hrs | Talk on Gastroenteritis | Mothers | Mr Kamathee N. Officer |
| 06.08.09 | Bramsthan | 12.30hrs | Weight Management & talk on Menopause | Women & Trainees | Mrs Manohar-MOH |
| 06.08.09 | Poste de Flacq | 10.30hrs | Demonstration on Body Massage | Senior Citizens, women, trainees | Mrs Choytun S. C A Member |
| 06.08.09 | Mount Ory | 10.00 | Dressmaking | Women | Mrs Ramdin-Dressmaking Teacher |
| 07.08.09 | Saint Pierre | 10.00 | Walk for Health/Physical Exercises | Senior Citizens | GPAG/HNC/SCA |
| 08.08.09 | Bel Air | 10hrs | Talk on Roles of Vedic Culture in our Modern Lifestyle | Ramayana Group | Mr Ramdeal (Brahma Kumari Centre) |
| 10.08.09 | Poste de Flacq | 13rs | High Blood Pressure& Blood Sugar Test | Women, S.C.A | Mr Veerasamy Nursing Officer |
| 10.08.09 | Camp de Masque Pavé | 13.00 | Meditation and Talk on Positive Thinking | Senior Citizens & Women Association | Sister Anjalee-Brahma Kumari |
| 10.08.09 | Nouvelle Decouverte | 09.30 | Proposed Curtain Making | Women | NICE |
| 10.08.09 | Montagne Blanche | 10.00 | Ramayana Chanting | Senior Citizens & Disabled | Mr Runoo-Member of Ramayana Chanting Group |
| 10.08.09 | Mount Ory | 09.30 | Walk for Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 10.08.09 | Mount Ory | 09.30 | Fun Day & Creativity Exercises | Students & Youth | Mrs Busgeet-Motivator & Officers at Centre |
| 10.08.09 | Mount Ory | 10.30 | Pastry Courses | Women | Mrs Teelonah-CSO |
| 10.08.09 | Camp de Masque Pavé | 16.00 | Empowerment Programme-CODEPA | Community | Mr Dooba-Officer in Charge-CODEPA |
| 10.08.09 | Quartier Militaire | 13hrs | Grand parents meeting | Old Person Ass | Mr Ganga, member OPA Ass |
| 10.08.09 12.08.09 | Caroline | 12.30hrs | Talk on Food Hygeine & Medical Check up | Community | Mrs Ramtohul Health Inspector, Dr Nundoo |

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| 10.08.09 | Quartier Militaire | 10hrs | Talk on Diet Blood Sugar & HBP Test | Diabetic Patients | Mr Kamadu, Nursing Officer, Medical Unit |
| 11.08.09 | Laventure | 12hrs | Talk on Juvenile Delinquency/Suicide Prevention | Community | Officer from Probation & Aftercare Services |
| 11.08.09 | Quartier Militaire | 10hrs | Blood Sugar Test & Talk on Diet | Diabetes Club | Mr Kamadu Nursing Staff |
| 11.08.09 | Quartier Militaire | 9hrs | Regional Meeting O.P.A Federation | Staff & O.P.A | Mr Ramputh P.S.W.O |
| 11.08.09 | Bel Air | 10hrs | Demonstration of Tupper Ware | Women | Mrs Sunita Bundhoo, Volunteer |
| 11.08.09 | Lallmatie | 9hrs | Ramayan Chanting | Senior Citizens | Mr Asdeo Dwarika |
| 11.08.09 | Montagne Blanche | 10.00 | Bible Recital | Disabled and Senior Citizens Association | Mrs Lindor-Volunteer (Bible Recital Group) |
| 11.08.09 | Mount Ory | 10.00 | Swimming Courses | Women | Mrs Ramdin-Volunteer |
| 11.08.09 | Mount Ory | 17.00 | First Aid Course | Youths | Mrs Seesaran-Instructor |
| 11.08.09 | Mount Ory | 10.30 | Ramayana Chanting | Senior Citizens, Women & Youths | Mrs Boudena-Ramayana Chanting Group |
| 12.08.09 | Laventure | 8hrs | Recreational Tour | S. Citizens | Staff & Committee Members |
| 12.08.09 | Bramsthan | 10hrs | Talk on Art of Living | Women & Trainees | Mrs Raghoobur Member of Brahma Kumari Centre |
| 12.08.09 | Mount Ory | 09.30 | Walk for Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 12.08.09 | Mount Ory | 17.30 | Aerobic Course | Senior Citizens & Women | Mrs Gopaul- Aerobic Instructor |
| 12.08.09 | Mount Ory | 13.00 | Yoga Course | Senior Citizens & Women | Mrs Busgeet-Motivator |
| 12.08.09 | Camp de Masque Pavé | 09.30 | Intergenerational Activity-Visit and Donation to Hospice Pere Laval | Senior Citizens & Community | Members of Senior Citizens Association and Officers at Centre |
| 12.08.09 | Camp de Masque Pavé | 10.00 | Walk for Health/Physical Exercises | Senior Citizens | GPAG/HNC/SCA |
| 13.08.09 | Bel Air | 10hrs | Social Visit to Bedridden | Persons with disabilities | Mrs Bottine, Leader of CSG |
| 13.08.09 | Lallmatie | 9.30hrs | Food Act Course | Food handlers | Mrs Ankiah-Health Inspector-MOH |
| 13.08.09 | Mare La Chau | 10.30hrs | Talk on Diabetes & Blood Pressure | Community | Mr Jyotee N. Officer |
| 13.08.09 | Brisée Verdier | 13hrs | Bible Recital | Senior Citizens & Women | Mrs Jasmin |
| 13.08.09 | Mount Ory | 10.00 | Dressmaking | Women | Mrs Ramdin-Dressmaking Teacher |
| 13.08.09 | Saint | 09.00 | Bible Recital | Disabled and | Mrs Labonne-Volunteer |

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| | Pierre | | | Senior Citizens Association | |
| 13.08.09 | St Julien D'hotman | 13.00 | Blood Sugar Test, High Blood Pressure Test, Weight Management & Talk on Dingue Fever | Senior Citizens & Community | Mr Fowdur-Nutrition Officer |
| 13.08.09 | Bramsthan | 12hrs | Talk on Juvenile Delinquency/Suicide Prevention | Community | Officer from Probation & Aftercare Services |
| 14.08.09 | Caroline | 09.30hrs | Talk on NCD & Check up | Community | Miss Ramjuttun Nutritionist & Dr Rawoo |
| 14.08.09 | Poste de Flacq | 13hrs | Talk on Elderly Protection Act | Senior Citizens Women | Mr Kullean |
| 14.08.09 | Saint Pierre | 10.00 | Visit to Cheshire Home | Senior Citizens | Members of the Senior Citizens Association & Officers at Centre |
| 14.08.09 | Montagne Blanche | 09.30 | Yoga Demonstration & Talk on Balance Diet | Women & Senior Citizens | Mrs Veerasamy-Yoga Instructor |
| 16.08.09 17.08.09 18.08.09 | Lallmatie | 05.30am -17hrs | NCD Survey | Community | Mrs JeetunM.O.H |
| 17.08.09 | Quartier Militaire | 13hrs | Walk for Health & Exercise on Horse Shoe | O.P.A | Mr Gangah O.P.A |
| 17.08.09 | Bel Air | 13.30hrs | Talk on Juvenile Delinquency/Suicide Prevention | Community | Officer from Probation & Aftercare Services |
| 17.08.09 | Brisée Verdière | 13hrs | Talk on Juvenile Delinquency/Suicide Prevention | Community | Officer from Probation & Aftercare Services |
| 17.08.09 | Camp de Masque Pavé | 13.00 | Meditation and Talk on Positive Thinking | Senior Citizens & Women Association | Sister Anjalee-Brahma Kumari |
| 17.08.09 | Mount Ory | 09.30 | Walk for Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 17.08.09 | Mount Ory | 10.30 | Pastry Courses | Women | Mrs Teelonah-CSO |
| 17.08.09 | Saint Pierre | 13.00 | Meditation & Yoga | Women | Mrs Maday-Yoga Instructor |
| 17.08.09 | Camp de Masque Pavé | 13.00 | Weight Management and Talk on NCD | Community | Officers from the MOHQL |
| 17.08.09 | Camp de Masque Pavé | 16.00 | Empowerment Programme-CODEPA | Community | Mr Dooba-Officer in Charge-CODEPA |
| 18.08.09 | Deep River | 13hrs | Talk on mental health – yoga | Community | Staff from MOH |
| 18.08.09 | Bel Air | 13.00hrs | Talk on Ayurvedic medicine | Senior Citizen & women | Mrs. Sandhya, Rep. Of Ayurvedic Products |
| 18.08.09 | Bramsthan | 13hrs | Talk on Moral Values & Exchange Program on Ramayana with Camp Ithier | Women & S.C.A | Mrs Gangah Committee Member |
| 18.08.09 | Mount Ory | 17.00 | First Aid Course | Youths | Mrs Seesaran-Instructor |

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| 18.08.09 | Mount Ory | 10.30 | Ramayana Chanting | Senior Citizens, Women & Youths | Mrs Boudena-Ramayana Chanting Group |
| 18.08.09 | Mount Ory | 10.00 | Swimming Courses | Women | Mrs Ramdin-Volunteer |
| 19.08.09 | Laventure | 13hrs | Demonstration Bouquets Natural | Trainees & W. Ass | Mrs Karoo Mins of Women |
| 19.08.09 | Brisée Verdière | 10hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 19.08.09 | Camp de Masque Pavé | 10.00 | Walk for Health/Physical Exercises | Senior Citizens | GPAG/HNC/SCA |
| 19.08.09 | Nouvelle Decouverte | 10.00 | Talk on Self Hygiene | Women | Mrs Mahadea-Instructor |
| 19.08.09 | Mount Ory | 09.30 | Walk for Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 19.08.09 | Mount Ory | 13.00 | Yoga Course | Senior Citizens & Women | Mrs Busgeet-Motivator |
| 19.08.09 | Mount Ory | 17.30 | Aerobic | Senior Citizens & Women | Mrs Gopaul- Aerobic Instructor |
| 19.08.09 | St Julien D'hotman | 13.00 | Talk on Interior Decoration | Women | Officers from Ministry of Women's Rights-Mrs Mossad |
| 20.08.09 | Quartier Militaire | 13.00 | Talk on Juvenile Delinquency/Suicide Prevention | Community | Officer from Probation & Aftercare Services |
| 20.08.09 | Caroline | 13.00 | Talk on Juvenile Delinquency/Suicide Prevention | Community | Officer from Probation & Aftercare Services |
| 20.08.09 | Caroline | 10hrs | Social Visit | Bed Ridden | Staff & SCA |
| 20.08.09 | Bel Air | 10hrs | Talk on mental health and yoga | Women & senior Citizen | M. O. H |
| 20.08.09 | Mare La Chau | 10.30hrs | Demonstration & Importance of Yoga | Women Ass & Trainees | Mrs R. Busveeah |
| 20.08.09 | Mount Ory | 10.00 | Dressmaking | Women | Mrs Ramdin-Dressmaking Teacher |
| 20.08.09 | Saint Pierre | 13.00 | Talk on Budgeting | Senior Citizens & Community | Mrs Mahadewa-Home Economics Instructor |
| 20.08.09 | St Julien D'hotman | 13.00 | Demonstration on Henna Application | Women | Mrs Emrith-Instructor (Beauty Care) |
| 21.08.09 | Mare La Chau | 9.30hrs | Demonstration on Dalle Pitha | Trainees & Senior Citizens | Mrs Hinchoo & Fooleeah |

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| 21.08.09 | Laventure | 10hrs | Ramayana exchange Program with Poste de Flacq | S. Citizens & Socio Cultural Group | Staff |
| 21.08.09 | Poste de Flacq | 13hrs | Exchange Ramayan Chanting with Laventure | Senior Citizens & Women | Mrs Seewparsad, Mrs Rawat S.C.A |
| 21.08.09 | Saint Pierre | 13.00 | Talk on Interior Decoration & Demonstration | Women | Officers from Ministry of Women's Rights-Mrs Mossad |
| 24.08.09 | Mare La Chaux | 10.30hrs | Talk & Demonstration on Importance of Practicing Yoga | Community | Mrs Busgeeah(Instructor) |
| 25.08.09 | Quartier Militaire | 10hrs | High Blood Pressure & Blood Sugar Test | Diabetic Club | Mr Kamadu Nursing Staff |
| 25.08.09 | Quartier Militaire | 10hrs | Walk for health Use of horse shoe | Senior citizens | Staff |
| 25.08.09 | Bel Air | 10hrs | Religious Tour (Grand Bassin & Poste De Flacq) | Women & S. Citizens | Mrs Joypaul (Leader of Ramayan Group) |
| 25.08.09 | St Julien D'hotman | 10.00 | Walk for Health/Physical Exercises | Senior Citizens | GPAG/HNC/SCA |
| 25.08.09 | Montagne Blanche | 10.00 | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 25.08.09 | Mount Ory | 10.30 | Ramayana Chanting | Senior Citizens, Women & Youths | Mrs Boudena-Ramayana Chanting Group |
| 25.08.09 | Mount Ory | 10.00 | Swimming Courses | Women | Mrs Ramdin-Volunteer |
| 25.08.09 | Mount Ory | 17.00 | First Aid Course | Youths | Mrs Seesaran-Instructor |
| 26.08.09 | Caroline | 09.30hrs | Talk on Elderly Protection Act | S. Citizens | Mr Lallmohamed SSSO |
| 26.08.09 | Camp de Masque Pavé | 10.00 | Walk for Health/Physical Exercises | Senior Citizens | GPAG/HNC/SCA |
| 26.08.09 | Mount Ory | 17.30 | Aerobic | Senior Citizens & Women | Mrs Gopaul- Aerobic Instructor |
| 26.08.09 | Mount Ory | 09.30 | Walk for Health / Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 26.08.09 | Saint Pierre | 10.00 | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 26.08.09 | Mount Ory | 13.00 | Yoga Course | Senior Citizens & Women | Mrs Busgeet-Motivator |
| 26.08.09 | Mount Ory | 10.00 | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, | Members of Senior Citizens Assn, SSWO, |

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| | | | | Women, Trainees | SWO, CSO and Committee Members |
| 26.08.09 | Caroline | 9hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 27.08.09 | Deep River | 9hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 27.08.09 | Bel Air | 10hrs | Weight Management | Women | Community Support Officer |
| 27.08.09 | Bramsthan | 13hrs | Walk for Health | Trainees | Committee Members |
| 27.08.09 | St Julien D'hotman | 13.00 | Blood Sugar Test, High Blood Pressure Test, Weight Management & Talk on Dingue Fever | Senior Citizens & Community | Mr Fowdur-Nutrition Officer |
| 27.08.09 | Nouvelle Decouverte | 10.00 | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 27.08.09 | St Julien D'hotman | 10.00 | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 27.08.09 | Saint Pierre | 10.00 | Exchange Programme with Bois Savon Day Care Centre | Senior Citizens | Officers at Centre |
| 27.08.09 | Nouvelle Decouverte | 13.00 | Talk on Consumer Protection | Community | Mrs Guenesss-From Consumer Protection Unit |
| 27.08.09 | Mount Ory | 10.00 | Exchange Programme between Saint Pierre, Mount Ory & Bois Savon Day Care Centre | Senior Citizens | Officers at Centre |
| 27.08.09 | Mount Ory | 10.00 | Dressmaking | Women | Mrs Ramdin-Dressmaking Teacher |
| 28.08.09 | Laventure | 10hrs | Yaj & Birthday Celebration | S. Citizens | Staff |
| 28.08.09 | Brisée Verdiere | 9.30hrs | Satsung | Community | Bhog Bhai Ji – Hans Kirti Ashram |
| 28.08.09 | Bramsthan | 10 hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 28.08.09 | Quartier Militaire | 10hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and |

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| | | | | | Committee Members |
| 28.08.09 | Bel Air | 10hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 29.08.09 | Camp de Masque Pavé | 10hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 31.08.09 | Camp de Masque Pavé | 13hrs | Meditation and Talk on Positive Thinking | Senior Citizens & Women Association | Sister Anjalee-Brahma Kumari |
| 31.08.09 | Camp de Masque Pavé | 16hrs | Empowerment Programme-CODEPA | Community | Mr Dooba-Officer in Charge-CODEPA |

PAMPLEMOUSSES/RIVIERE DU REMPART REGIONAL UNIT

Activities at Social Welfare Centres

August 2009

| Date | Centre | Time | Activity | Target Group | Resource Person |
|--|--------------------|-----------|---|--|---|
| 01.08.09 08.08.09 15.08.09 22.08.09 29.08.09 | Pamplemousses | 09 hrs | Computer Course | Youth | IT Instructor. |
| 01.08.09 08.08.09 15.08.09 22.08.09 29.08.09 | Plaine des Papayes | 09 hrs | Children's Club / Fun Games | Children | Mrs S.Joomun, CSO & Warden / Community activities Assistant |
| 03.08.09 10.08.09 17.08.09 31.08.09 | Petite Julie | 13.00 hrs | Yoga Class | Community | Mrs V. Issooree, Yoga Instructress |
| 03.08.09 | Pamplemousses | 09 hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 03.08.09 | Mon Goût | 10 hrs | Half Day workshop on Substance Abuse | Youth | Officers from NATReSA |

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| 03.08.09 10.08.09 17.08.09 31.08.09 | Triolet | 09 hrs | Yoga Course | Women and Senior Citizens | Mrs Lall, Instructress from Min of Health |
| | | 13 hrs | Adult Literacy Course | Women and Senior Citizens | Miss Volbert, Instructress from Ministry of National Women Council |
| 03.08.09 10.08.09 17.08.09 31.08.09 | Plaine des Papayes | 10 hrs | Yoga Course | Women | Instructress from Min of Health |
| | | 12 hrs | Embroidery Class | Women | Miss Shirin Auleear, Craft Coach |
| 03.08.09 10.08.09 17.08.09 31.08.09 | Pointe aux Piments | 09.30 hrs | Adult Literacy Course | Women and Senior Citizens | Miss Volbert, Instructress from Ministry of National Women Council |

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| 04.08.09 | Rivière du Rempart | 13.00hrs | Talk on Safety Use of Gas Cooking | Community | Officer from Consumer Protection Unit |
| 04.08.09 11.08.09 18.08.09 25.08.09 | Goodlands | 09.30hrs | Yoga Class | Women & Girls | Mrs V. Isooree, Yoga Instructress |
| 04.08.09 11.08.09 18.08.09 25.08.09 | Petit Raffray | 09.00 hrs | Walk for Health | Women & Senior Citizens | Staff of SWC |
| 04.08.09 | Petit Raffray | 13.00hrs | Talk on Elderly Protection | Senior Citizens and Women | Officer from Ministry of Social Security |
| 04.08.09 11.08.09 18.08.09 25.08.09 | Piton | 09.30 hrs | Empowerment programme- Curtain Making | Women | Mrs Chooramun, Instructress from NICE |
| 04.08.09 | Pointe aux Piments | 13 hrs | Hawan and Prayers | Community | Mrs Mookram, Priest. |
| 04.08.09 | Plaine des Papayes | 13 hrs | Creativity | Children | SSWO, SWO & Staff |
| 04.08.09 11.08.09 18.08.09 25.08.09 | Plaine des Papayes | 09 hrs | Embroidery Course | Women | Miss S. Auleear, Craft Motivator |
| | | 12 hrs | Indoor Games | Senior Citizens | President of SCA & Staff |

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| 04.08.09 11.08.09 18.08.09 25.08.09 | Pointe aux Piments | 10 hrs | Choli Making | Women and Girls | Mrs L.Gungiah, Dressmaking Staff. |
| 04.08.09 11.08.09 18.08.09 25.08.09 | Plaine des Papayes | 09 hrs 12 hrs | Yoga Course Adult Literacy | Women Senior Citizens | Mrs Goorbin, Intructress Mrs Joomun, CSO |
| 04.08.09 11.08.09 18.08.09 25.08.09 | Pamplemousses | 10 hrs | Walk for Health | Senior Citizens | SSWO, SWO, CSO. |
| 05.08.09 | Rivière du Rempart | 12.45hrs | Parental Empowerment Program on "Early Childhood Care". | Parents | Mrs Danhoo, Senior Teacher Educator. Early Childhood Care & Education Authority |
| 05.08.09 12.08.09 19.08.09 26.08.09 | Goodlands | 09.30 hrs | Skills Development Program- Choli Making | Women & Girls | Mrs Bundhoo, DMT |
| 05.08.09 | Grand Bay | 12.00hrs | Creativity Activities- Fun games, Story Telling, Painting | Children | Staff of SWC |
| 05.08.09 | Piton | 13.00hrs | Demonstration of "Vegeterian Fish" dish | Women | Mrs Nunkoo, Member of Senior Citizen Association |
| 05.08.09 | Plaine des Papayes | 09 hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 05.08.09 | Plaine des Papayes | 13 hrs | Sports Activities | Children | SSWO & SWO |
| 05.08.09 12.08.09 19.08.09 26.08.09 | Mon Goût | 09 hrs 12.30 hrs | Yoga Meditation | Women & S. Citizens Women & S. Citizens | Mrs Issuree, Min of Health Sister Raginee, Bramha Kumaris World Spiritual University |
| 05.08.09 19.08.09 | Plaine des Papayes | 09 hrs | Walk for Health | Women & S. Citizens | SWO & Staff |
| 05.08.09 12.08.09 19.08.09 | Pamplemousses | 10 hrs | Course on Family Welfare | Women/ Girls/ Senior Citizens | Members from Brahma Kumari, Global Peace House. |
| 05.08.09 12.08.09 | Plaine des Papayes | 09 hrs | Keep Fit | Senior Citizens | SWO, CSO |

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| 19.08.09 26.08.09 | | 13 hrs | Glass Painting | Women | Craft Teacher |
| 05.08.09 12.08.09 19.08.09 26.08.09 | Pamplemousses | 13 hrs | Art & Craft Course | Women | Mrs Mowlah, Craft Teacher |
| 05.08.09 12.08.09 19.08.09 26.08.09 | Pointe aux Piments | 09 hrs | Craft for Home Décor | Women and Girls | Mrs O. Bisnauth, from National Women Council. |
| 05.08.09 07.08.09 12.08.09 14.08.09 19.08.09 21.08.09 26.08.09 28.08.09 | Pointe aux Piments | 08 hrs | Walk for Health | Senior Citizens | SWO, CSO |
| 06.08.09 13.08.09 20.08.09 27.08.09 | Pamplemousses | 09.30 hrs | Yoga Course | Senior Citizens and Women | Mrs Lall, Officer from Min of Health . |
| 06.08.09 | Grand Bay | 09.00hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 06.08.09 | Goodlands | 13.00hrs | Visit to Bedridden | Persons with disabilities | Staff of SWC |
| 06.08.09 13.08.09 20.08.09 27.08.09 | Amaury | 09.30hrs | Yoga Class | Senior Citizens & Women | Mrs V. Isooree, Yoga Instructress |
| 06.08.09 13.08.09 20.08.09 27.08.09 | Plaine des Papayes | 10 hrs 12 hrs | Yoga Course Basketry Class | Women Women | Instructress from Min of Health Craft Teacher |
| 06.08.09 13.08.09 20.08.09 27.08.09 | Mon Goût | 10 hrs | Vegetarian Class | Women / Senior Citizens | Officers from NICE |
| 07.08.09 14.08.09 21.08.09 28.08.09 | Triolet | 13 hrs | Curtain Making Course | Women | Mrs Chooramun, Instructress. |

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| 07.08.09 14.08.09 21.08.09 28.08.09 | Pamplemousses | 10 hrs | Dressmaking Course | Women and Girls | Mrs Ramgoolam, Instructress. |
| 07.08.09 14.08.09 21.08.09 28.08.09 | Plaine des Papayes | 10 hrs | Walk for Health | Senior Citizens | SSWO, SWO, CSO |
| 07.08.09 14.08.09 21.08.09 28.08.09 | Pointe aux Piments | 13 hrs | Curtain Making Course | Women and Girls | Mrs Ramnauth from National Women Council. |
| 07.08.09 14.08.09 21.08.09 28.08.09 | Mon Goût | 11 hrs | Handicraft Course | Women and senior Citizens | |
| 07.08.09 | Piton | 10.00hrs | Creativity Activities- Indoor games | Children | Staff of SWC |
| 07.08.09 14.08.09 21.08.09 28.08.09 | Amaury | 09.00hrs | Adult Literacy Class | All group | Mrs M.Volbert, Ministry of Women's Rights |
| 07.08.09 14.08.09 21.08.09 28.08.09 | Amaury | 13.00hrs | Indian Cuisine Class | All group | Mrs I.Humant |
| 07.08.09 | Petite Julie | 10.00 hrs | Walk for Health | Women & Senior Citizens | Staff of SWC |
| 07.08.09 | Petit Raffray | 13.00hrs | Religious programme- (Hawan) | Women | Mrs Athal, Chairperson of Women Association |
| 10.08.09 | Rivière du Rempart | 10.30hrs | Talk on "Aider mon enfant a grandir"- (Theme:L'intelligence) | Parents | Mrs Romance, Officer from Action Familiale |
| 10.08.09 17.08.09 | Mon Gout | 10 hrs | Glass Painting | Women | Mrs Savita Ram, Social Worker |
| | | 12 hrs | Skill Development in Choli Making | Women | Mrs Gangiah, DMT |
| 11.08.09 25.08.09 | Mon Gout | 12 hrs | Curtain Making | Women | Mrs Mala, Instructress |
| 11.08.09 18.08.09 25.11.09 | Mon Gout | 09.30 hrs | Adult Literacy Class | Senior Citizens | Mrs Jenita Sheoraj, Social Worker |
| 11.08.09 | Petite Julie | 13.00 hrs | Talk on "Qui est mon enfant?" | Mothers | Mrs Seerattan, Action familial |

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| 13.08.09 | Petit Raffray | 13.00 hrs | Talk on Road Safety | Community | Officers from Road Safety Unit |
| 13.08.09 | Amaury | 13.00 hrs | Talk on Elderly Protection | All group | Officer from Ministry of Social Security |
| 13.08.09 | Pamplemousses | 13 hrs | Talk on Elderly Protection | Senior Citizens | Officer from Welfare Unit, Mins of Social Security. |
| 13.08.09 | Triolet | 10 hrs | Social Visit | Bedridden (Vulnerable Group) | SSWO, SWO, CSO. DMT (Community Support Group) |
| 13.08.09 20.08.09 27.08.09 | Pointe aux Piments | 12.30 hrs | Yoga Course | Women and Senior Citizens | Mrs Lall, Instructress from Min of Health |
| 15.08.09 | Mon Gout | 13 hrs | Talk on preparing and designing evacuation plan during flood | Community | Mr Raghoonuth, Mins of Youth and Sports |
| 17.08.09 | Rivière Du Rempart | 13.00hrs | Talk on Juvenile Delinquency/Suicide Prevention | Community | Officer from Probation & Aftercare Services |
| 18.08.09 | Petite Julie | 13.00 hrs | Talk on Elderly Protection | Senior Citizens | Officer from Ministry of Social Security |
| 18.08.09 | Pointe aux Piments | 13 hrs | Talk on Consumer Protection | Community | Mr Reetoo, Officer from Consumer Protection Unit. |
| 19.08.09 | Pamplemousses | 10 hrs | Lunch & Cultural Programme at Global Peace House | Women | Sister Gaytree, form Brhma Kumaris World Spiritual University |
| 19.08.09 | Grand Bay | 11.30hrs | Celebration of Assumption Day | Women & Senior Citizens | Mrs M.N . Figovo, Co-ordinator |
| 19.08.09 | Piton | 13.00hrs | Talk on Compost Making | Community | Officer from Areu |
| 20.08.09 | Grand Bay | 13.00hrs | Talk on Juvenile Delinquency/Suicide Prevention | Community | Officer from Probation & After Care Services |
| 20.08.09 | Amaury | 13.00hrs | Talk on Road Safety | All group | Officers from Road Safety Unit |
| 20.08.09 | Amaury | 10.00hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |

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| 20.08.09 | Piton | 13.00hrs | Talk on Art of Living & Distribution of plants | Community | Mr Ramrekha, Officer from Art of Living |
| 21.08.09 | Mon Gout | 10 hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 25.08.09 | Petite Julie | 13.00 hrs | Religious Ceremony “Hawan” | Senior Citizens | Pandit Lall Bissessur |
| 25.08.09 | Rivière du Rempart | 10.00hrs | Visit to Bedriddens | Senior Citizens and persons with disabilities | Staff of SWC |
| 25.08.09 | Petit Raffray | 09.00 hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 25.08.09 | Pointe aux Piments | 12.30 hrs | Talk on Kitchen Garden & Poultry | Senior Citizens | Officers from AREU |
| 25.08.09 | Mon Gout | 09 hrs | Walk for Health | Women and Senior Citizens | SWO, CSO |
| 25.08.09 | Plaine des Papayes | 13 hrs | Talk Anti Violence | Community | Officers from Victim Support Mauritius |
| 26.08.09 | Pamplemousses | 10 hrs | Visit to Bedridden | Senior Citizens | Community Support Group |
| 26.08.09 | Pointe aux Piments | 10 hrs | Social Visit | Bedridden (Vulnerable Group) | Community Support Group |
| 26.08.09 | Grand Bay | 10.00hrs | Walk for Health | Women & Senior Citizens | Mr Y.Sairally, SWO and Miss S.Auleear, Craft Motivator |
| 26.08.09 | Goodlands | 09.00hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 26.08.09 | Piton | 09.00hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |

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| 26.08.09 | Goodlands | 13.00hrs | Talk on Juvenile Delinquency/Suicide Prevention | Community | Officer from Probation & After Care Services |
| 27.08.09 | Rivière du Rempart | 09.00hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 27.08.09 | Pointe aux Piments | 09 hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 27.08.09 | Triolet | 13 hrs | Talk on Mosquito-Borne Diseases | Community | SSWO |
| 27.08.09 | Mon Gout | 09.30 hrs | Social Visit | Bedridden (Vulnerable Group) | Community Support Group |
| <u>28.08.09</u> | Mon Gout | 12.30 hrs | Ramayana Recitations | Senior Citizens Association | Mr Kirodur, Member of Ramayana Mandali. |
| <u>28.08.09</u> | Petit Raffray | 11.30hrs | Talk on Juvenile Delinquency/Suicide Prevention | Community | Officer from Probation & After Care Services |
| <u>28.08.09</u> | Plaine des Papayes | 10 hrs 13 hrs | Social Visit Talk on Agriculture | Bedridden (Vulnerable Group) Community | Community Support Group Officers from AREU |
| 28.08.09 | Petite Julie | 09.00 hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |

30.07.09

PORT-LOUIS / PLAINE WILHEMS & BLACK RIVER REGIONAL UNIT
ACTIVITIES AT SOCIAL WELFARE CENTRES

AUGUST 2009

| <u>DATE</u> | CENTRE | TIME (hrs) | ACTIVITY | TARGET GROUP | RESOURCE PERSON/ ORGANISER |
|--|------------------|-------------------------|---|--|---|
| 01.08.09 08.08.09 15.08.09 22.08.09 29.08.09 | Sainte Croix | 09.30 hrs | Initiation in Petanque Playing | Youth | Mr & Mrs William, Scout Leaders & Warden / Community Activities Assistant |
| 01.08.09 08.08.09 15.08.09 22.08.09 29.08.09 | Grannum | 09 hrs 15 hrs | Belly Dance Interior Decoration Course | Community Women | Mrs Neelam Jankee, Instructress Mrs S.Khodabaccus, Instructress |
| 01.08.09 08.08.09 15.08.09 22.08.09 29.08.09 | Camp Fouquereaux | 08.30 hrs 09 hrs | Ecole de Foot Dance Course | Youth Children | Mr Jankee, Coach Mr V. Gunputh, Dance Coach |
| 02.08.09 09.08.09 16.08.09 23.08.09 30.08.09 | Rivière Sèche | 14 hrs | Dance Course | Youth | Mr V Gunputh, Coach |
| 03.08.09 | Long Mountain | 13 hrs | Ramayana Chanting | Senior Citizens | Mrs Pockraj, Retired Hindi Teacher. |
| 03.08.09 17.08.09 | Rivière Sèche | 09 hrs | Health & Nutrition Club | Senior Citizens | Mrs Jankee, Nursing Officer |
| 03.08.09 | Bambous | 09 hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 03.08.09 | Camp Fouquereaux | 09 hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 03.08.09 | Roche Bois | 13 hrs | GAG's Meeting- Fun Games. | Members of GAG's Meeting and Senior Citizens | Chairperson GAG's, SSWO, SWO and CSO |
| 03.08.09 10.08.09 17.08.09 31.08.09 | Rivière Sèche | 09 hrs | Walk for Health Club | Community | Mrs M.J L'Assiette, CSO. |

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| 03.08.09 10.08.09 17.08.09 31.08.09 | Bambous | 09 hrs 10 hrs | Walk for Health/ Keep fit Exercises Adult Literacy Course | Senior Citizens Intergeneration Senior Citizens Intergeneration | CSO, Mrs Chummun and Mrs Rungloll, DMTs. CSO, Mrs Chummun and Mrs Rungloll, DMTs |
| 03.08.09 10.08.09 17.08.09 31.08.09 | Camp Fouquereaux | 10 hrs | Handicraft Course | Women | Mrs Paidegadoo, Min of W.Rights |
| 03.08.09 10.08.09 17.08.09 31.08.09 | Sainte Croix | 10 hrs | Walk for Health | Senior Citizens | SSWO, SWO, CSO |
| 03.08.09 10.08.09 17.08.09 31.08.09 | Long Mountain | 09 hrs | Walk for Health | Women and Senior Citizens | SSWO, SWO and CSO |
| 03.08.09 10.08.09 17.08.09 31.08.09 | Grannum | 8.45 hrs 10.30 hrs 10.30 hrs 12 hrs | Yoga Course Interior Decoration Course Painting on Fabrics La Cuisine Mauricienne | Women Women Women Women | Mrs Gilwar, Instructress Mrs S. Kodabaccus, Instructress Mrs Pandeea, Mins of Women Rights Mrs Geraldine Chicore, Instructress |
| 03.08.09 04.08.09 05.08.09 | Grannum | | Camping at Pointe aux Sables Recreational Centre | S. Citizens | President of S. Citizens Association |
| 03.08.09 | Case Noyale | 10.00 | Fun Day | Children | Mrs Violette - Volunteer |
| 04.08.09 | Grannum | 13 hrs | Talk on "Climate Change | Youth | Officers from Meteological services |
| 04.08.09 11.04.09 18.08.09 25.08.09 | Riviere Seche | 09.30 hrs 12 hrs | Pranayam Dressmaking Course | Community Women/Girls | Mrs Chummun, DMT Mrs Chummun, DMT |
| 04.08.09 11.04.09 18.08.09 25.08.09 | Camp Fouquereaux | 09.30 hrs 10 hrs | Interior Decoration Course Painting Course | Women & Girls Women | Mrs S. Khodabokus, Interior Decorator Mrs Haulkhory, Min of W. Rights |
| 04.08.09 11.08.09 18.08.09 25.08.09 | Bambous | 09 hrs 11 hrs | Yoga Course Beauty Care and Hair Dressing Course | Senior Citizens And Women Women and Girls | Mrs A.Manna, Ministry of Health. Mrs M.Udhin, Ministry of Cooperative, NICE. |

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| 04.08.09 11.08.09 18.08.09 25.08.09 | Grannum | 12 hrs | Adult Literacy Course | Senior Citizens | Mrs Suggun, Extra Assistant |
| 04.08.09 | Riviere Seche | 18 hrs | Kabir Panth | Community | Mrs Mungra, Volunteer |
| 04.08.09 | Long Mountain | 10 hrs | Creativity | Children | Mrs Richakoory, CLAC Officer |
| 04.08.09 | Grannum | 13.30 hrs | Social Visit to bedridden | Bedridden (Vulnerable Group) | Community Support Group. |
| 04.08.09 18.08.09 | Grannum | 9.30 hrs | Health and Nutrition Club | Senior Citizens | Mrs Sonea, Nursing Officer |
| 04.08.09 11.08.09 18.08.09 25.08.09 | Roche-Bois | 09.30 hrs | Walk for Health | Senior Citizens & women | Mrs C. Minator, CSO |
| 05.08.09 | Riviere Seche | 12.30 hrs | Talk and Demonstration on Healthy cooking | Community | Mrs Joomun-Ministry of Health |
| 05.08.09 | Le Hochet | 11hrs | Jeux D'Antan | Senior Citizens | SSWO, SWO & Extra Assistant |
| 05.08.09 | Roche Bois | 13 hrs | Talk on Breast Cancer | Women & S. Citizens | Officers from Min of Health |
| 05.08.09 12.08.09 19.08.09 26.08.09 | Camp Fouquereaux | 10 hrs | Basketry Course | Women | Mrs Tajoo, Min of W. Rights |
| 05.08.09 12.08.09 19.08.09 26.08.09 | Long Mountain | 09.30 hrs | Dressmaking Course | Women | Mrs Shirin, Instructress |
| 05.08.09 12.08.09 19.08.09 26.08.09 | Grannum | 08.30 hrs | Walk for Health | Senior Citizens | Mrs S. Suggun & Executive members of Senior Citizens Assn |
| | | 09 hrs | Vegetarian Cooking | Women / Senior Citizens | Officer from NICE |
| | | 18 hrs | Tae Kwon Do | Youth | Mr Pirthee, Instructor |
| 05.08.09 12.08.09 19.08.09 26.08.09 | Le Hochet | 10 hrs | Walk for Health | Senior Citizens and Community | Committee members, SSWO, SWO and CSO. |
| 06.08.09 | Petite Riviere | 12 hrs | Talk on Consumer Protection | Senior Citizens | Mrs Ramsaran from Consumer Protection Unit |

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| 06.08.09 13.08.09 20.08.09 27.08.09 | Camp Fouquereaux | 09 hrs 09 hrs | Pranayam Course Parcours de Santé | Community Community | Mr Geerwar, Coach CSO, SWO, SSWO & Executive Members of Senior Citizens Associations |
| 06.08.09 13.08.09 20.08.09 27.08.09 | Riviere Seche | 14 hrs | Pranayam | Community | Mr Geerwar, Volunteer |
| 06.08.09 20.08.09 | Camp Fouquereaux | 09 hrs | Health & Nutrition Club, B.P/ Glucose Test, Referrals, Weight Management, Councelling | Senior Citizens | Mrs Yardin, Nursing Officer |
| 06.08.09 | Rivière Sèche | 9.30 hrs | Agricultural Programme- Demonstration on gardening | Youth | Members of kitchen Garden Club |
| 06.08.09 | Roche-Bois | 10 hrs | Social Visit to bedridden | Bedridden (Vulnerable Group) | Community Support Group |
| 06.08.09 13.08.09 20.08.09 27.08.09 | Grannum | 9.30 hrs | Basketry Course | Women/Senior Citizens | Mrs Tannoo, Min Of Women's Rights |
| 06.08.09 13.08.09 20.08.09 27.08.09 | Bambous | 10.30 hrs | TAI CHI | Senior Citizens | Mrs Venpin & Volunteer |
| 07.08.09 | Petite Riviere | 10.00 | Living Values | Community | Representatives from Brahma kumari |
| 07.08.09 14.08.09 21.08.09 28.08.09 | Riviere Seche | 09 hrs 09 hrs | Self Defence Course Cooking Course | Community Women/Girls | Mrs Ravina, Officer Ministry of Women. Mrs Geraldine, Member of Women Association. |
| 07.08.09 14.08.09 21.08.09 28.08.09 | Grannum | 10 hrs 18 hrs | Handicraft Course Tae Kwon Do | Women Youth | Mrs Suroop, Min of Women Rights Mr Pirthee, Instructor |
| 07.08.09 | Le Hochet | 09 hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 07.08.09 | Roche Bois | 09 hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |

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| 07.08.09 14.08.09 21.08.09 28.08.09 | Camp Fouquereaux | 09 hrs 10 hrs 11 hrs | Yoga Course Yoga Course Beauty Care Course | Youth / Women Senior Citizens Women | Mrs Manna, Min of Health Mrs Manna, Min of Health Mrs Ramasamy, National Women Council |
| 07.08.09 14.08.09 21.08.09 28.08.09 | Long Mountain | 10 hrs 11 hrs | Yoga Course Physical Exercise | Women Women and Senior Citizens | Mrs Esplacatu, Officer From Ministry of Health Mr Aken, Officer from Ministry of Health |
| 08.08.09 19.08.09 | Riviere Seche | 18 hrs | Ramayana Chanting | Community | Executive members of Senior Citizens Associations |
| 08.08.09 10.08.09 11.08.09 | Bambous | 09 hrs | Non-Communicable Diseases Survey 2009 | Community | Mrs Awotar & Others from Min of Health |
| 10.08.09 25.08.09 | Long Mountain | 10 hrs | Social Visit to Bedridden | Bedridden (Vulnerable Group) | SSWO, SWO and CSO. |
| 11.08.09 | Camp Fouquereaux | 09 hrs | Talk & Demonstration on 'Greffage' (2 nd Session) | AREU & Kitchen Gardening members | Miss Jhugroo, Officer from AREU |
| 11.08.09 25.08.09 | Bambous | 09 hrs | Health and Nutrition Club, Blood Test, B.P, Weighing, Talk on Balanced Diet | Senior Citizens | Mr L.Lingiah, Medical Unit |
| 11.08.09 25.08.09 | Grannum | 09 hrs | Diabetes Club | Senior Citizens | Mrs Sonea, Nursing Officer |
| 11.08.09 | Mont Roches | 13.30 | Living Values | Community | Representatives from Brahma kumari |
| 12.08.09 | Petite Rivière | 11.00 | Cooking Demonstration | Senior Citizens | Mrs Ramsurrun-DMT |
| 12.08.09 | Le Hochet | 10.30 hrs | Talk on Elderly Protection | S. Citizens | Officers from Elderly Protection Unit |
| 12.08.09 | Sainte Croix | 10 hrs | Social Visit to bedridden | Bedridden (Vulnerable Group) | SSWO, SWO, CSO and Community Support Group. |
| 13.08.09 | Camp Fouquereaux | 12.30 hrs | Talk and Demonstration on healthy cooking | Women | Mrs Joomun, Mins of Health |
| 14.08.09 21.08.09 28.08.09 | Bambous | 09 hrs | Pastry Course | Women | Mrs Rughunath, Instructress. |
| 14.08.09 | Mont Roches | 10.00 | Social Visits to bedridden | Senior Citizens | GPAG/HNC/SCA |

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| 17.08.09 | Roche Bois | 13hrs | Social Gathering icw Fete de l'Assomption | GAGs members | GAGs members & CSO |
| 17.08.09 | Petite Rivière | 10.00 | Social Visits to bedridden | Senior Citizens | GPAG/HNC/SCA |
| 17.08.09 | Ste Croix | 13hrs | Talk on Elderly Protection | Community | Officer from Elderly Protection Unit |
| 18.08.09 | Case Noyale | 10.00 | Social Visits to bedridden | Senior Citizens | GPAG/HNC/SCA |
| 18.08.09 | Mont Roches | 13.00 | Talk on Women Entrepreneurial | Women | Officers from SEHDA |
| 18.08.09 | Camp Fouquereaux | 09 hrs | Planting of crops, cultivating & working of land | Agricultural Members | Mrs Nundloll, Leader of Group |
| 18.08.09 | Grannum | 10 hrs | Social Visit to bedridden | Bedridden (Vulnerable Group) | SWO, CSO, Extra Assistant and Community Support Group. |
| 19.08.09 | Long Mountain | 10.30 hrs | Talk on Methods of Family Planning | Women | Mrs Nunkoo, Health Educator from Min of Health |
| 20.08.09 | Wooton SW/RC | 15.30 hrs | Inauguration of Wooton Social Welfare Cum Resource Centre | Community | Social Welfare Division |
| 20.08.09 | Le Hochet | 10 hrs | Social Visit | Bedridden (Vulnerable Group) | Community Support Group. |
| 21.08.09 | Roche Bois | 13 hrs | Talk on Alzheimer Disease | Community | Min of Health |
| 21.08.09 | Bambous | 13hrs | Talk on Elderly Protection | Community | Officer from Elderly Protection Unit |
| 24.08.09 | Rivière Sèche | 10 hrs | Social Visit to bedridden | Bedridden (Vulnerable Group) | Community Support Group. |
| 25.08.09 | Rivière Sèche | 09 hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 25.08.09 | Sainte Croix | 09 hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 25.08.09 | Case Noyale | 10.00 | Talk on Positive Thinking | Community | Representative from Brahma Kumari |
| 25.08.09 | Mont Roches | 10.00 | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 26.08.09 | Mont Roches | 09.30 | Walk for Health/Physical Exercise | Senior Citizens | GPAG/HNC/SCA |

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| 26.08.09 | Grannum | 13.00 hrs | Talk and Demonstration on Healthy Cooking | Women | Mrs Joomun, Min of Health |
| 26.08.09 | Le Hochet | 13 hrs | Talk on Mosquito-Borne Diseases | Community | Officers from Min of Health |
| 26.08.09 | Camp Yoloff DCC | 09 hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 27.08.09 | Camp Fouquereaux | 13 hrs | Social Visit to bedridden | Bedridden (Vulnerable Group) | SSWO, SWO, CSO and Community Support Group. |
| 27.08.09 | Grannum | 09 hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 27.08.09 | Petite Rivière | 09.30 | Walk for Health/Physical Exercise | Senior Citizens | GPAG/HNC/SCA |
| 28.08.09 | Petite Rivière | 10.00 | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 29.08.09 | Long Mountain | 09 hrs | Monthly Foire Artisanale | Disabled Persons, Senior Citizens, Women, Trainees | Members of Senior Citizens Assn, SSWO, SWO, CSO and Committee Members |
| 30.08.09 | Sainte Croix | 13 hrs | Talk on Mosquito-Borne diseases | Community | Officers from Min of Health |

30.07.09