

Editor's note

Hello children



Welcome to this second issue of "Rainbow".

We are pleased to present you with some inspirational stories, poems and value-based activities that will surely guide you to make the right choices in your everyday life.

Do not forget that you must always live up to the expectations of your parents, teachers and society by being cooperative, obedient and disciplined.

Enjoy this issue and send us your feedback.



Hope that throughout this school year you will participate in ICAC's activities and competitions.

Right decision ... Right decision ...

Bala, a great teacher had many students. One day, one of them was caught stealing by his fellow students and they reported him to Bala. But he took no action against the boy. A few days later, the same boy was caught stealing.

Once again Bala did nothing. This angered the other students who drew up a petition asking for the dismissal of the thief. They threatened to leave "en masse" if the boy was allowed to stay.

The teacher called a meeting of students. When they had assembled, he said to them: "You are good boys who know what is right and what is wrong. If you leave, you will have no trouble joining some other school. But what about your brother who does not even know the difference between right and wrong? Who will teach him if I don't? No, I cannot ask him to go even if it means losing all of you."

Tears coursed down the cheeks of the boy who had stolen. He never stole again and in later life became renowned for his "integrity".



INTEGRITY

What do we understand by "integrity" ?

A person of integrity is truthful, trustworthy, honest, sincere and understands the difference between right and wrong.



Personal integrity is reflected in our behaviour. **Look out for integrity !**

The next time you catch someone "being good", make sure you praise him or her.

Winners of the 3rd Edition of the Short Story Writing Competition 2007

The 3rd Edition of the Story Writing Competition on Living Values organised by the ICAC had as 1st National winner Yeshna Fokeerchand from Gopeenath Chuttur Government School of Eroignard, Flacq. Her story conveyed a message of friendship, love and sharing. (See page 2).



The other 4 National winners and 5 regional winners received shields, certificates and books as prizes.

A special applause for our regional winner, Pascale C. Ravanne of Roche Bon Dieu Govt School, Rodrigues.

It is hoped that your school will participate in the next edition of the competition to be launched in May 08.



Inside this issue:



- 1 Right decision
- 2 Lovena, my best friend
- 2 Values week
- 3 Importance of being responsible
- 4 Meaning of "Respect"
- 4 Fun page

Story time

Lovena , my best friend

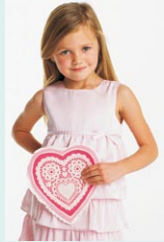
Mrs Bones, a widow of forty, lived with her only child Lovena at the far end of the village of Combo. They were very poor and lived a miserable life. Mr Bones died in a road accident five years ago. So Mrs Bones had to work very hard.

Lovena was my best friend and whenever I looked at her, I felt pity for her. I always did my best to help her. One day our school organised a dance competition. All the girls in our class wanted to participate except Lovena. I encouraged her to participate and finally she agreed. I helped her to learn the different dance steps. At last, she was dancing gracefully.

When the competition was approaching, she was gloomy again. I asked her why she was sad. She told me that her mother did not have enough money to buy her a nice dress. That afternoon when I reached home, I told my mum about it.

With the help of the latter, I stitched a very beautiful dress for Lovena. When she wore it, she looked just like a doll. On the competition day, she danced so gracefully that the spectators and judges gave her a standing ovation.

She was the winner of the dance competition and she had to represent the school at national level. Even though, I was not qualified for the competition, I was very pleased and proud of myself. I knew that I had done a good action. Later Lovena became the best dancer of the country.



Story written by Yeshna Devi Fokeerchand
(Best Entry for Story writing competition organised by ICAC)

Did you enjoy the story?

Then why don't you share with us a value-based story that you have read or you can even write one yourself and send it to us.



Values week in schools

A "Values week" is an event where during a whole week, value-based activities such as role-play, exhibition, storytelling and story writing competition are organised at school level. It involves a whole school approach, meaning pupils, teachers as well as parents and the community are fully involved. Last year, the Corruption Prevention and Education Division of ICAC organised "Values week" on a pilot basis in the following schools:

1. R.Seeneevassen Government School, Cassis
2. Maheshwarnath Government School, Triolet
3. P.C.K Aryan Vedic Hindu Aided School, Vacoas.



The objectives of the **Values week** were to

- ◇ raise awareness on the importance of living values among pupils, staff and the community at large.



Exhibition at H.Ramnarain Govt School



Exhibition at Maheshwarnath Govt School

- ◇ enable pupils / teachers / parents to participate in value-based activities such as **exhibition, role-play, poem recitation, drawing competition, fresque painting.**
- ◇ create opportunities to promote values in an enjoyable way.

H.Ramnarain Government School situated in Terre Rouge organised a Values week on the occasion of the National Day Celebrations 2008. The benefits reaped were multi-faceted: in behavioural, interpersonal and social skills terms. For example, classroom rules were more often followed, pupils were in better control of emotions and were more likely to speak the truth and show courtesy. The school atmosphere was therefore more relaxed. **So do you want to give it a try?**

I am... Active Adventurous
Brave Courteous Caring
 Courageous **COOPERATIVE**
Determined Enthusiastic Fair
Generous HARDWORKING
Helpful Honest Kind
loyal Motivated NICE
 Obedient **POSITIVE**
Patient Precious Reliable
 Responsible **RESPECTFUL**
Sincere TRUSTWORTHY Unselfish
Warm Wise

Food for thought...

Jamie goes to the bakery and buys bread. Upon leaving, she realises she received too much change. What does she need to do?

Quote: "Always speak the truth and you'll never be concerned with your memory ." Unknown

Importance of Being Responsible

Here's a story about four people:

Everybody, Somebody, Anybody and *Nobody*.

There was an important job to be done and

Everybody was sure that *Somebody* would do it.

Anybody could have done it but *Nobody* did it.

Somebody got angry about that, because it was *Everybody's* job.

Everybody thought *Anybody* could do it but

Nobody realised that *Everybody* wouldn't do it.

It ended up that *Everybody* blamed *Somebody*

when *Nobody* did what *Anybody* could have done.



LESSON TO REMEMBER

“ It is not only for what we do that we are held responsible, but also for what we do not do.”

Molière, French playwright (1622-73)

La Cigale et la Fourmi

La cigale, ayant chanté tout l'été,
se trouva fort dépourvue.

Quand la bise fut venue :

Pas un seul petit morceau
de mouche ou de vermisseau.

Elle alla crier famine
chez la fourmi sa voisine,
la priant de lui prêter
quelques graines pour subsister
jusqu'à la saison nouvelle.

“Je vous paierai, lui dit-elle,
avant Août, foi d'animal,
intérêt et principal. “

La fourmi n'est pas prêteuse :
C'est là son moindre défaut.

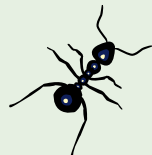
Que faisiez-vous au temps chaud ?
dit-elle à cette emprunteuse.

- Nuit et jour à tout venant

je chantais, ne vous déplaîse.

- Vous chantiez ? j'en suis fort aise.

Eh bien! dansez maintenant.



Alors , tu ressembles à qui ? **Il faut travailler
aujourd'hui pour que demain soit meilleur!**

Enjoy the ICAC value-based CD-ROM

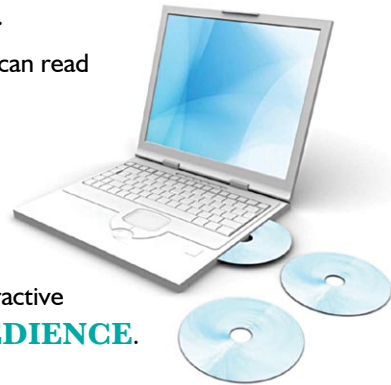
Children represent 25% of our population and 100% of our future.

Dear children, you may wonder why we chose “Rainbow” as the title of this newsletter.

Well first, you should view the story “ Colours of th Rainbow” in the value based CD ROM that ICAC has prepared for primary schools pupils. I am sure that you will enjoy the short story and learn the lesson from it. It is based on a conversation of different colours boasting of their strengths. When rain threatened to wash them away, then they realised that they had to cooperate and live harmoniously.

The other contents are :

- i. **“Les enfants sont”** - gives an overview of the qualities you should develop. It comprises adjectives arranged in an alphabetical order appearing after each click of the mouse, reminding us of the innocence and honesty of children.
- ii. **Value based screensaver** - You can read the value-based messages by downloading it on your computer.
- iii. **Caterpillar game** - This is an interactive game based on the acronym **HONESTY**.
- iv. **Apple tree game** - This is an interactive game based on the acronym **OBEDIENCE**.



Ask your head teacher to contact the Corruption Prevention and Education Division for more information.

Recipe for a happy school year

Take twelve whole months,

1. Clean them thoroughly of all negative thoughts. Make them just as fresh and clean as possible.
2. Now cut each month into twenty-eight, thirty, or thirty-one different parts, but don't make up the whole batch at once. Prepare it one day at a time out of these ingredients.
3. Mix well into each day one part of **truth**, one part of **respect**, one part of **determination** and one part of **responsibility**. Add to each day one part of **caring, warmth, generosity** and **kindness**.
4. Blend with one part of **hard work**, one part of **honesty** and one **good deed**.
5. Season the whole with **a dash of good spirit, a sprinkle of fun, a pinch of play** and **a cupful of good humour**. Pour all of this into a **vessel of love**.
6. Cook thoroughly **over radiant joy, garnish with a smile, serve with enthusiasm, unselfishness and cheerfulness**.



**You're bound to have a happy
school year.**

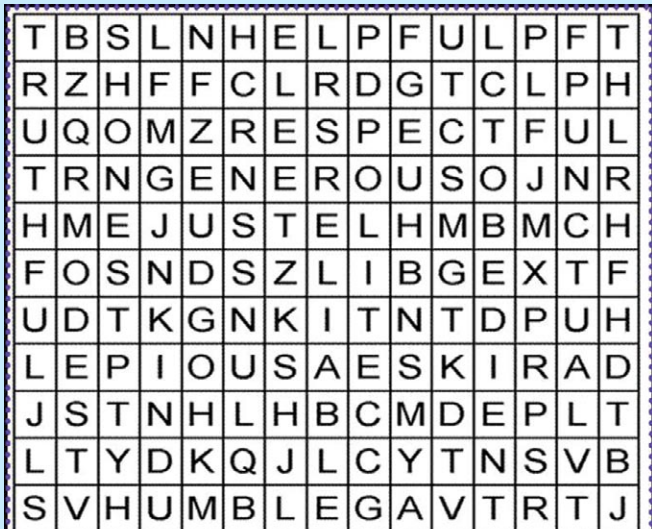
Use the code to figure out the mystery sentences

A = 1	G = 7	M = 13	S = 19	Y = 25
B = 2	H = 8	N = 14	T = 20	Z = 26
C = 3	I = 9	O = 15	U = 21	
D = 4	J = 10	P = 16	V = 22	
E = 5	K = 11	Q = 17	W = 23	
F = 6	L = 12	R = 18	X = 24	

14 15 1 3 20 15 6 11 9 14 4 14 5 19 19
 14 15 13 1 20 20 5 18 8 15 23 19 13 1 12 12
 9 19 5 22 5 18 23 1 19 20 5 4

Aesop

Find the words from the list below in this puzzle!



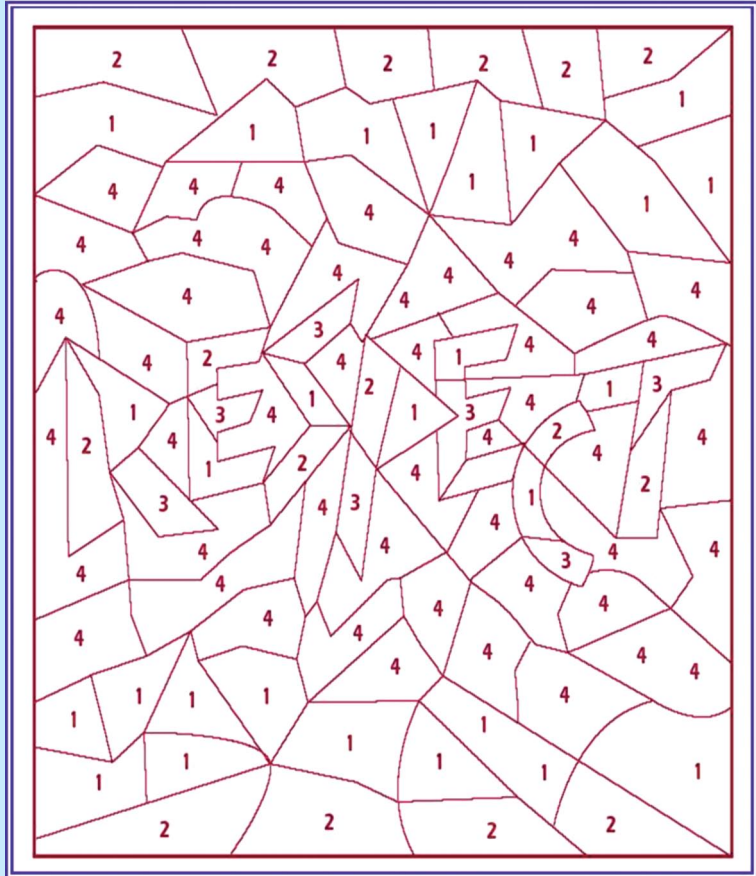
- truthful
- respectful
- punctual
- generous
- just
- helpful
- honest
- humble
- reliable
- kind
- modest
- obedient
- polite



Discover the hidden word

Use the chart to colour the shapes

1=Blue	2= Red	3=Green	4=Yellow
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What is the meaning of RESPECT?

- R**esponsible
- E**veryone means something
- S**howing kindness and courtesy
- P**eople helping others
- E**veryone doing as per rules
- C**aring for others
- T**reating others as you want to be treated

Adapted from
C. Norris & N. Bruce,
Character Connections



Independent Commission Against Corruption

Corruption Prevention and Education Division
Marine Road, P. Louis

Hope you have enjoyed this 2nd Edition!
Feel free to write to us.

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Visit our Youngster's Corner by clicking on
www.icac.mu

